

# Air Pit

## Drills, Skills, Stations, & Packages



The Air Pit is the solution to a problem encountered by coaches for years--the stack of mats that have become necessary for teaching vaulting, tumbling, bars, and even beam.

The Air Pit has a 4-inch wide line down the top, and numbers for measuring distance. Creating fun, challenging stations for beam, vault or bars.

The mat can be used alone for dozens of drills, or it can be the base mat for a higher stack--add 12-inchers, 8-inchers, or 4-inchers in any combination to make a tower of mats as high as needed. It is much lighter to move, and thus much more portable than a foam mat--or a stack of foam mats!

**Soft Training = Smart Training!**



### Product Features:

- Lightweight and portable
- 4" white line down center with numbers for measuring distance
- Proper Velcro placement so mats can be easily stacked on top
- 10'Lx5'Wx2'H, weighing 70 lbs

**Tumbl Trak**  
Do It Again

# The Air Pit in use...

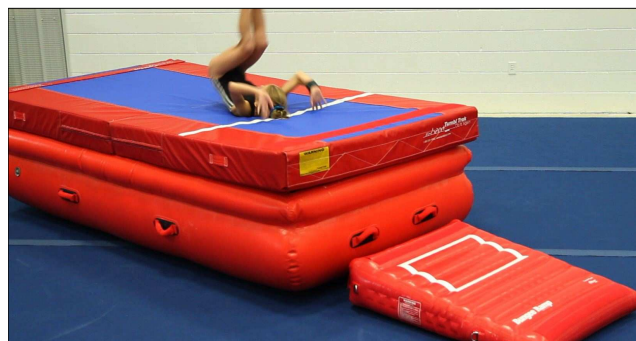
The Air Pit can be used in so many different ways, some of which are demonstrated in these photos. For more stations and information about the Air Pit go to [www.tumbltrak.com/training](http://www.tumbltrak.com/training).



**Shown as multi-use system for bars, vault, tumbling or beam** (This photo demonstrates a variety of uses for this product and is not intended to be used all at once as shown)



Bar Wall Station



Level 4 Vaulting



Beam Mounts

Website:  
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↑  
**more reps**  
less stress